

MAY 17, 2024

SENIOR VOICE

Trinity School, Teignmouth, TQ14 8LY

Headmaster's Message

BY MR ROBINSON

In Tuesday's assembly this week, Miss Bugg, our Head of Art spoke about Art and Mental Health. She reflected on her life with her art teacher father and a love of art that has given her great pleasure in life and helped her through some difficult times. She also talked us through some of her favourite artists and works of art. She chose Edward Hopper widely acknowledged as the most important realist painter of twentieth-century America. Her choice of painting was Hopper's Pensive Lady in Pink, less well known than his Nighthawks and Chop Suey but a beautiful work depicting a thoughtful woman, Hopper's wife, on a bed looking through a window. The theme which reoccurs in his work was the feeling familiar to most humans, the triste embedded in existence, in our intimate knowledge of the solitude of the self. In many ways, so very relevant for a generation or world that seems more openly to wrestle with its mental health.

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Well Done Antonio!

UCAS Conference

History Corner



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Miss Bugg's next artist was Andrew Wyeth, a widely celebrated American artist whose best-known work, *Christina's World* (1948), depicts a young woman lying in the grass and looking towards a farmhouse. Despite the work's everyday subject matter, it is filled with a haunting sense of melancholy, although the artist preferred to describe it as thoughtful. A similar theme to Hopper in many ways. Miss Bugg however chose an earlier work, *Wind from the Sea*, painted a year before *Christina's World*, capturing a moment on a hot summer day when Wyeth opened the seldom used window in an attic room. The picture is alive with movement as the wind blows the curtains, tattered, transparent, light and airy, with small embroidered birds along the edges that seem ready to dart into the house. No one is present and yet you feel there is someone there, the theme once again of the solitude of the self. Finally Miss Bugg referenced her uncle a well known and successful plein air painter of landscapes and seascapes, Laurence Dingley. Although he does do some very good still life painting as well, he seems most at home on a cliff top overlooking the sea or a valley recording the beauty of what is before him and the natural light illuminating it. Art, nature and well being, a glorious combination and yet we dwell so much on the latter. I, like many others, do think more about well being than perhaps I ever have. Reflection is part of that, but does a love of art need to be justified or stimulated by well being or should wellbeing just be a by-product of that. In my sporting life, I came across the idea of flow, that moment when you no longer consciously need to concentrate on the mechanics of what you are physically doing but mind and body flow. Perhaps seeking that state though doing, engaging and having a purpose, in this case a love of Art, without saying, "this is good for my mental Health" is better for our well being than over reflection or is that just too much reflection.



PASSION COURAGE CONFIDENCE RESILIENCE REFLECTION
ASPIRATION VISION INTEGRITY LEADERSHIP RESPONSIBILITY



BRIGHAM YOUNG

OPEN DAY

DAY & BOARDING, NURSERY TO SIXTH FORM
SATURDAY 18TH MAY

BOOK YOUR PLACE



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TEN TORS SUCCESS

You may well have been tracking the team over the weekend and seen that they completed their challenge at 14.17. This is an amazing achievement in such gruelling conditions. It is hard to describe just how hot it was up on the moors this weekend with several long periods of time with no breeze at all. The army took an unprecedented step of enforcing half hour breaks for all teams so that they could rest and take on more fluids. Many children were evacuated from the moors with some form of heat exhaustion. Unfortunately, our team leader, Sophie Stone, withdrew from the challenge on Saturday afternoon due to a dislocated knee. She made a very difficult personal sacrifice and decided to withdraw as she knew she would not be fast enough. The remaining 5 in the team, Antonio, Hector, Faith, Olive, Lily, were able to complete their challenge due to this extremely mature decision. Finally, a word of thanks to Mrs Atkins who attended her 25th and final Ten Tors. She deserves huge praise for giving up her weekends to train the Ten Tors team and ensure Trinity has been able to compete in this fantastic event each year. She will be missed!



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TEN TORS SUCCESS



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BOARDING LIFE

Another busy week for the boarders! From surfing at Bigbury, shopping in Exeter, making mosaics, completing fun challenges down on the pitch, hammocks to relax in and a Eurovision party, always something for everyone to enjoy!



UCAS ADVISORS CONFERENCE

On Wednesday Miss Moss went to Plymouth Marjon University to attend a UCAS advisors conference. She is ready a raring to get the Lower Sixth Form students starting their applications for the next step of their exciting journey.

She was also very lucky to meet Professor Sonia Blandford who is the former founder and CEO of the award winning education charity Achievement for All and voted one of the top 5 inspirational Women in the UK in 2015 and 2016.

WELL DONE ANTONIO!

Antonio has been accepted as a National Youth Theatre member , this is a big achievement , it can take up to 3 times to gain a place (3 years). Antonio got through on his first audition.

This will give him opportunity for free courses and exposure to casting directors etc. How exciting! Well done Antonio!

These are some photos of Antonio performing as Bert in our March school production of Mary Poppins.



"Lots away
from the day
and very
excited to
start next
year"

MISS MOSS



THE NORTHERN LIGHTS

Take a look at these fantastic photos of the Northern Lights that Joe Rogers took from his house last weekend!



TALES FROM T2

Mrs Evans would like to wish Grace and Vovo the best of luck in their A Level History exams. They start on Thursday 23rd May with 'Russia and its Rulers 1855 to 1964'....



From past to present,
From medieval to modern,
From wars to walls,
From talks to treaties,
From Edward to Elizabeth,
From defeat to defence,
From democracy to dictatorship,
From royals to revolutionaries,
From peasants to politicians,
From ideals to invasions,
From tsardom to totalitarianism,
From persecutions to peace,
From foes to friends,
And finally, from cause to consequence,
From accelerate to initiate,
From statement to source,
From idea to interpretation,
From topic to theme...
... we studied them all together.

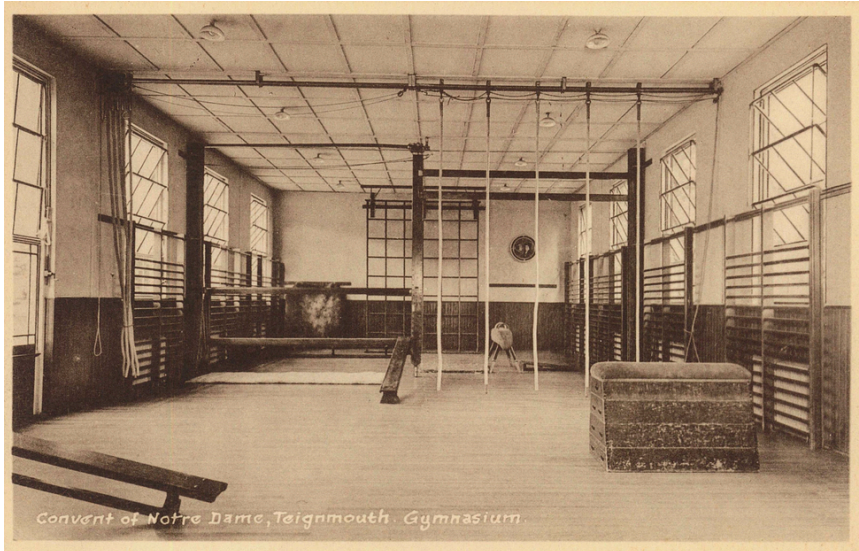
A perfect privilege and pleasure~

Mrs E



HISTORY CORNER

This week's photo from our archives. Can you recognise it?



ON THIS DAY... 17th MAY

In 1824 the diaries of Lord Byron were burnt and this is often described as "the greatest crime in literary history"...

In 1861 the first colour photograph was shown by Scottish scientist James Clerk Maxwell...

In 1897 the first successful submarine was launched in the USA...

In 1900 "The Wizard of Oz" was first published, written by L. Frank Baum...

In 1944 US General Dwight Eisenhower set the date for D Day as 5th June...

In 1970 Dorothy's ruby slippers from the film "Wizard of Oz" sold at auction for \$15,000...

In 1990 Hong Kong's 'Bank of China Tower' opened, as the first supertall skyscraper outside the USA, designed by I.M. Pei, also famed for the Louvre's glass pyramid...

In 1993 Intel's new Pentium processor was unveiled...

In 2007 trains ran from North Korea to South Korea, crossing the 38th Parallel for the first time since 1953...

In 2009 Minecraft was first released...

In 2023 the Nepalese sherpa Kami Rita climbed Mount Everest for a record 27th time, aged 53...



READING RECOMMENDATIONS

The library has been looking at ways to extend the range of authors currently read by students and encouraging them to explore new and different authors and genres. So, Mrs Knapman has kindly compiled a list for each year group with suggestions to try and explore, all titles are available in the Senior Library. We will be sharing a suggestion for each years 7, 8 and 9 each week. Happy reading!

Year 7: Graveyard Book by Neil Gaimen

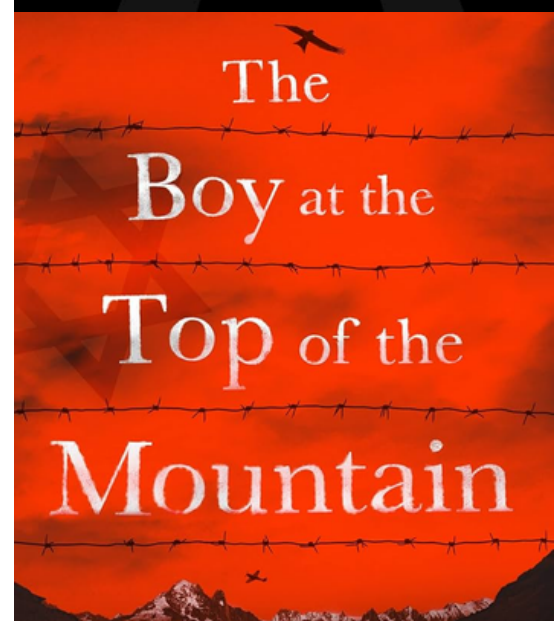
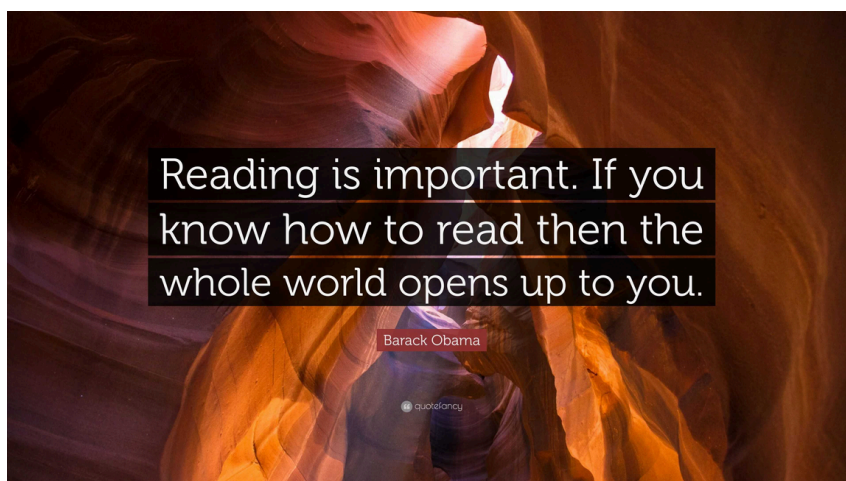
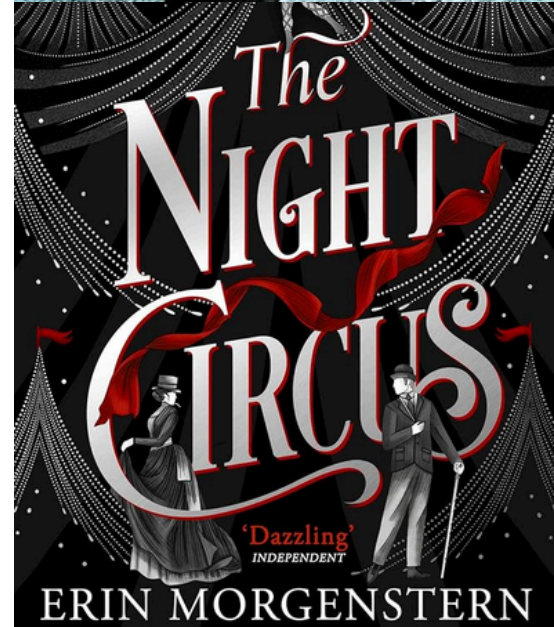
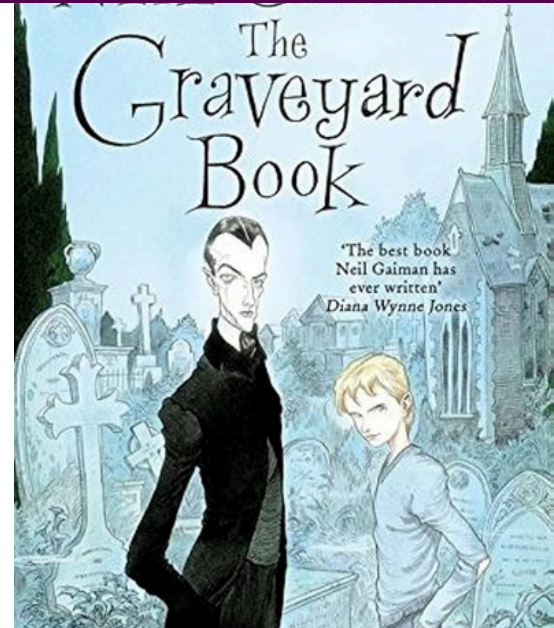
The Graveyard Book traces the story of the boy Nobody "Bod" Owens who is adopted and reared by the supernatural occupants of a graveyard after his family is brutally murdered.

Year 8: The Night Circus by Erin Morgenstern

The Night Circus tells the story of the rivalry between two different forms of magic—the old and the new—and the competition and love affair between two young magicians who are destined to face each other in a magical duel to the death.

Year 9: The Boy At The Top Of The Mountain By John Boyne

The Boy at the Top of the Mountain weaves real-life figures and events into the fictional story of a boy named Pierrot Fischer, who becomes corrupted after falling under the direct influence of the Nazi leader, Adolf Hitler.



Mental Health Awareness Week

13th - 17th May 2024



Nicola Collison

PG Dip in Play Therapy & Credited Counsellor (NCPS)

Talking and Creative therapy

IT'S OKAY TO ASK FOR HELP

I will have a room set up in school so children and young people can choose, with my guidance, how they want to use the sessions.

Hi there, my name is Nicola Collison. I am a qualified counsellor accredited by the NCPS (National Counselling and Psychotherapy Society) and have a Post-Graduate Diploma in Play Therapy. Before that, I was a Primary School Teacher for over 20 years.



No thought or feeling is ever too small or insignificant to explore

“Young people’s lives are so busy and full of pressures that they are having to deal with daily. The need for a safe space where they can be themselves and learn to understand feelings that arise has become ever more important.”

I have worked with children and young people with a variety of needs. Amongst these are bereavement, anxiety, self-esteem, gender, trichotillomania, addictive tendencies, self-harm, eating difficulties, emotional and behavioural difficulties, children with A.D.H.D. and autism. I work primarily in a person-centred way, but depending on how the person I am working with wants to progress, we can dip into different ways of working together either creative or Cognitive Behaviour Therapy (CBT). This will very much allow them to lead the session and me to be there to listen- we can explore together.

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SCHOOL

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Teignmouth**
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International British Theatre School. | www.britishtheatreschool.com | @BritishTheatreUK on Socials

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At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one app of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents Need to Know about SQUID GAME

AGE RESTRICTION
15+
Suitable only for 15 years and over.

With themes of horror and violence, it's important for parents and carers to understand the potential risks posed to young audiences by the nine-episode Netflix-exclusive TV show, Squid Game. The series, rated 15+, is about a world where contestants who are deeply in debt play children's games in order to win cash prizes. The losers, however, are violently killed. The show's popularity has meant it has spread in various guises across online platforms, with a heightened risk of children and young people potentially viewing unsuitable content. That's why we've created this guide to help parents and carers understand exactly what Squid Game is all about.

INAPPROPRIATE CONTENT

Some might argue that Squid Game contains content that might not even be suitable for older teens, let alone young children. Characters are brutally tortured and killed through stabbings or getting shot as a result of rules developed and enforced by a masked game master. The show also features sexual violence, as well as a strong theme of gambling that runs throughout the whole show.

APPEAL TO YOUNG PEOPLE

Whilst the content is very much adult-themed, some features of the show seem to appeal to young children at face-value. The name "Squid Game" may be interpreted as a programme aimed at children rather than adults. The content itself, such as the bright and childish aesthetics, may also appeal to young children, particularly as there's a focus on playground games to go with it.

SIMILAR CONTENT SUGGESTIONS

When using social media and streaming sites, content is recommended based on what is the user has consumed i.e. what they have watched or searched for. Therefore, there is a greater chance of your child being exposed to similar violent or horror-themed content on social media after watching a show like Squid Game.

VIRAL SPIN-OFFS

As well as Netflix, Squid Game has grown in notoriety and prevalence on other platforms, like TikTok and YouTube, with clips of the show going viral. On YouTube Kids, a number of successful channels have taken advantage of the Squid Game trend, creating content such as "How to Draw Squid Game Characters" videos. Its popularity has also led to the creation of app games that put the player in the role of a contestant who is killed if they lose a game.

SCENE RE-ENACTMENTS

Squid Game's pervasive presence on social media has encouraged many content creators to re-enact scenes from the show, which has led to reports of children wanting to also imitate those scenes displayed on social media at home and in school. Much of this content stems from the "Red Light, Green Light" game from the first episode. Squid Game is a violent game that puts a gun in a child's hand before she shoots them.

Advice for Parents & Carers

USE PARENTAL CONTROLS

Netflix has easily accessible built-in parental controls that allow you to set up a profile for your child with a specific age rating, block them from watching certain shows and even lock their account so it can't be accessed by anyone else. Netflix also allows you to access your child's viewing history to make sure they're not watching anything inappropriate for their age.

CHECK AGE RATINGS

Age ratings on TV shows and films are a way to gauge what is suitable for audiences of different ages. If you are unsure about the content your child is watching, check the age rating to see if the TV show or film is deemed suitable for their age group. If not, try watching the show yourself or talking to other parents who have seen it before to get a better understanding of why it's been rated a certain way.

MONITOR ONLINE ACTIVITY

Squid Game has become a social media craze and it's possible your child will see some content related to the show on various platforms. Therefore, it's important to be aware of which websites your child has visited on their smartphone, tablet or laptop, and to also keep an eye out for which accounts they are following on social media platforms, such as Instagram and TikTok.

HAVE OPEN CONVERSATIONS

Making sure your child is comfortable telling you about what they see online can go a long way to ensuring you are kept in the loop about their online use. Showing an interest in what your child is doing online gives you the opportunity to discuss what is and is not appropriate for their age group, and how they might recognise their own feelings towards content they see.

MONITOR BEHAVIOUR

Due to the viral nature of the show, even if your child has not seen Squid Game, it's important to keep an eye on their behaviour. There have been reports from schools of children "playing Squid Game" in the playground and acting aggressively towards the losers as a way to replicate the consequences of losing in the TV show. Viewing content that makes your child feel distressed or distracted, so it's important you can easily spot the signs.

WATCH THE SHOW

If you're trying to figure out whether you should let your child watch Squid Game, it might be a good idea to watch the show yourself first. Doing so will allow you to get a better understanding of the show's content and themes, as well as help you decide if this is something you'd feel comfortable with your child being exposed to.

Meet Our Expert

Carly Page is an experienced and highly respected freelance technology journalist, editor and consultant. Previously the editor of tech tabloid The INQUIRER, Carly now works as the news editor for Computer Shopper and IT Pro and writes for a number of publications including Forbes, TechRadar, Tes, The Metro, uSwitch and WIRED.



National Online Safety

#WakeUpWednesday

Sources: <https://www.theguardian.com/technology/2021/oct/26/squid-game-online-safety>, <https://www.bbc.com/news/technology-58111111>, <https://www.bbc.com/news/technology-58111111>, <https://www.bbc.com/news/technology-58111111>

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